

Sutton in Ashfield and District Rambling Club. Winter Programme 2023-4

Date	Name	Tel.	Area	Grid Ref
29 th October	Richard Lake	07757 104926	Grindon	SK088543
12 th November	Matt Gibson	07772959591	Cutthorpe	SK345735
26 th November	Martin Adkin	01623 513961	Whitwell Moor	SK527767
10 th December	David Fowler	01623 758806	Matlock	SK298602
24 th December	Mark Haywood	07855156829	Cromford	SK294568
7 th January	Helen Woodruff	07592886381	Stanton Moor	SK244629
11 th January (Thurs)	AGM St Marys Church Hall, Church Ave, Sutton in Ashfield. NG17 2EB			
21 st January	Brian Davies	0115 9655572	Vale of Belvoir. Croxton Kerrial area	SK835291
4 th February	David Fowler	01623 758806	Ashover	SK349631
18 th February	Nicola Pezaro Diane Fern	07756047571 07866604364	The Edges	SK249768
3 rd March	Richard Lake	07757 104926	Bennerley	SK470437
17 th March	Yvonne Elliott	07729 572567	Chatsworth	SK258703
28 th March (Thurs)	Committee Meeting St Marys Church Hall, Church Ave, Sutton in Ashfield. NG17 2EB			
31 st March	Richard Lake	07757 104926	GW 3. Rushton Spencer to Kidsgrove	SJ940624
6 th April (Sat)	Helen Woodruff	07592886381	Long Walk. Wessenden Head to Edale.	SE076072

6th April Long Walk (approx. 20 miles) Early start, late finish. Booking essential. Contact Helen Woodruff 07592886381 for details and to book.

See www.suttonramblingclub.com for further details or contact Helen on 07592886381 or John 07749164455



Items left on coach at own risk.

Sutton in Ashfield and District Rambling Club reserve the right to change the programme at any time.

Coach Departs (timings for guidance only)

From 'Staff of Life' pub, Hack Lane, Sutton in Ashfield	9.17am
From Langford Street end, Devonshire Square, Sutton in Ashfield	9.20am
From Eastfield Side (Blue Bell) (request stop only)	9.22 am
From Hermitage Lane bus stop Sutton Road, Mansfield	9.25 am
ASDA bus stop, Bancroft Lane End, Stockwell Gate, Mansfield	9.30 am

There is NO NEED to book

All walks finish no later than 6.30 pm

General Advice

You may consider bringing the following items on walks for your safety and comfort.
(Some of the areas in which we walk can be subject to severe weather at any time of the year).

- Comfortable walking boots
- Waterproof jacket and over trousers
- Rucksack
- Packed lunch / tea and enough liquid (whilst we normally visit a pub or café for lunch / tea, this is not always the case. (If in doubt check with the leader in advance).
- Enough spare clothing, fleece jacket, gloves, hat, sunhat etc (depending on season)
- waterproof mat to sit on at breaks
- Basic first-aid kit, or at least plasters
- Mobile phone (bear in mind many areas in which we walk, do not have reception)
- Items such as map, whistle, compass, torch, penknife, sun cream, insect repellent.

Special Notices

All walks and activities are undertaken by the participants at their own risk. (See health and safety advice on the website)

Any participant on walks, seen to be dropping litter, or behaving in any way antisocially, will be barred from attending further S.R.C. activities.

No dogs or other animals allowed on the coach

No smoking is allowed on the coach, and if smoking on a ramble, smokers are requested to be mindful of other walkers.

The club will not accept responsibility for members who voluntarily leave the main party. If you wish to leave the main party, you must notify the leader.

Belongings can normally be left on the coach whilst walking. However, The Club accepts no responsibility for any losses.