

Sutton in Ashfield and District Rambling Club Summer Programme 2023

| Date | Name | Tel. | Area | Grid Ref |
|------------------------------------|---|-----------------------------|---|------------|
| 2 nd April | Richard Lake | 01623 460689 | Ilam | SK1355507 |
| 16 th April | Helen Woodruff | 07592886381 | Limestone Way 4. Monyash to Castleton | SK149665 |
| 22 nd April (Sat) | Helen Woodruff | 07592886381 | Long Walk. Wessenden Head to Edale. | SE 076 072 |
| 30 th April | Richard Lake | 01623 460689 | Gritstone Way 1. Disley to Tegg's Nose | SJ949731 |
| 3 rd May (Eve) | John Price | 01623 796396 | Lindhurst | NG15 9JS |
| 14 th May | Fred Marsh & Richard Lake | 07783888712 01623 460689 | Yoxall | SK142188 |
| 28 th May | Richard Lake | 01623 460689 | Charlesworth | SK005929 |
| 7 th June (Eve) | Brian Davies | 0115 9655572 | Lowdham | NG14 7BE |
| 11 th June | David Coleman | 07480 128377 | Kinder Downfall | SK082888 |
| 25 th June | Helen Woodruff | 07592886381 | Shuttlingsloe | SJ975699 |
| 5 th July (Eve) | Pete Brooks | 07531402672 | Lambley | NG4 4QB |
| 9 th July | Bill Proctor | 01623 756879 | Cheedale | SK 125734 |
| 23 rd July | Alan Woods | 07973 378962 | Two Dales | SK 281630 |
| 2 nd August (Eve) | John Price | 01623 796396 | Newstead | NG15 8AE |
| 6 th August | Martin Adkin | 01623 513961 | Chrome Hill | SK 070467 |
| 20 st August | Yvonne Elliott | 07905091052 | Roaches | SK 0033630 |
| 31 st August (Thurs) | Committee Meeting 7pm St Mary's Church Hall | | | |
| 3 rd September | Richard Lake | 01623 460689 | Gritstone Way 2. Hawkslee | SJ939654 |
| 17 th September | Brian Davies | 0115 9655572 | Hartington | SK129604 |
| 1 st October | Yvonne Elliott & Helen Woodruff | 07905091052 07592886381 | Wardlow Hay Cop | SK 178739 |
| 15 th October | David Fowler | 01623 758806 | Padley Gorge | SK 255795 |

Long Walk. Wessenden Head to Edale. Approximately 19 Miles. Early start & late finish. Booking required. Contact Helen Woodruff for more information or to book.

Evening Walks. All walks start at 7pm

- 3rd May Meet at the Little John Pub Ravenshead NG15 9JS
- 7th June Meet at The Old Ship Inn, Main St, Lowdham NG14 & be
- 5th July Meet at The Woodlark Inn Lambley NG4 4QB
- 2nd August Meet at The Horse and Groom Linby NG15 8AE

[See. www.suttonramblingclub.com](http://www.suttonramblingclub.com) for further details and



Items left on coach at own risk.

Sutton in Ashfield and District Rambling Club Reserve the right to change the programme at any time.

Coach Departs (timings for guidance only)

| | |
|---|---------|
| From 'Staff of Life' pub, Hack Lane, Sutton in Ashfield | 9.17am |
| From Langford Street end, Devonshire Square, Sutton in Ashfield | 9.20am |
| From Eastfield Side (Blue Bell) (request stop only) | 9.22 am |
| From Hermitage Lane bus stop Sutton Road, Mansfield | 9.25 am |
| ASDA bus stop, Bancroft Lane End, Stockwell Gate, Mansfield | 9.30 am |

There is NO NEED to book

All walks finish no later than 6.30 pm

General Advice

You may consider bringing the following items on walks for your safety and comfort.
(Some of the areas in which we walk can be subject to severe weather at any time of the year).

- Comfortable walking boots
- Waterproof jacket and over trousers
- Rucksack
- Packed lunch / tea and enough liquid (whilst we normally visit a pub or café for lunch / tea, this is not always the case. (If in doubt check with the leader in advance).
- Enough spare clothing, fleece jacket, gloves, hat, sunhat etc (depending on season)
- waterproof mat to sit on at breaks
- Basic first-aid kit, or at least plasters
- Mobile phone (bear in mind many areas in which we walk, do not have reception)
- Items such as map, whistle, compass, torch, penknife, sun cream, insect repellent.

Special Notices

All walks and activities are undertaken by the participants at their own risk. (See health and safety advice on the website)

Any participant on walks, seen to be dropping litter, or behaving in any way antisocially, will be barred from attending further S.R.C. activities.

No dogs or other animals allowed on the coach

No smoking is allowed on the coach, and if smoking on a ramble, smokers are requested to be mindful of other walkers.

The club will not accept responsibility for members who voluntarily leave the main party. If you wish to leave the main party, you must notify the leader.

Belongings can normally be left on the coach whilst walking. However, The Club accepts no responsibility for any losses.